





# **NEWSLETTER**

- ✓ Message from CEO
- ✓ Key Dates
- Educator of the term
- In Educator's settings
- Importance of Playgroups
- How to stay safe from COVID-19
- Preparing for Winter season
- ✓ Some brain fun



Dear Families/Guardian,

Welcome to our newsletter.

Hope you all are warm and safe in this winter. As the Melbourne is back in lockdown few more weeks due to the rapid spread of virus. Kindly get yourself tested and do not send children to care if any symptoms occur.

Furthermore, if you are not receiving any statements of entitlements and invoice from our service, please contact the head office.

As you are aware that our service is always keen to improve and to maintain that we need your valuable feedback. The survey for families has been emailed, alternatively you can collect the copy from your child's care setting. Please fill and send it to us.

Your feedback matters.

Regards, Guler Ors (CEO & APPROVED PROVIDER)

## Key Dates

|   | 5 <sup>th</sup> June  | World Environment Day             |
|---|-----------------------|-----------------------------------|
|   | 8 <sup>th</sup> June  | World Oceans Day                  |
| 20 <sup>th</sup> June World Refugee Day | 14 <sup>th</sup> June | Queens's Birthday- PUBLIC HOLIDAY |
|   | 20 <sup>th</sup> June | World Refugee Day                 |

**Educator of the Term** 





### IN EDUCATOR'S SETTING

#### Easter Egg Hunt

Easter is a Christian festival which celebrates the resurrection of Jesus Christ. From a Christian perspective, Easter eggs are said to represent Jesus' emergence from the tomb and resurrection. ... Easter egg hunts and egg rolling are two popular egg-related traditions. Our educator <u>Tanya</u> organized Egg-Hunt activity in her settings.

Opportunities were provided for children to use their cognitive and gross motor skills. Educator engaged in meaningful conversations with the children and enjoyed thoroughly.





#### ANZAC DAY

Anzac Day is a national day of remembrance in Australia and New Zealand that broadly commemorates all Australians and New Zealanders "who served and died in all wars, conflicts, and peacekeeping operations" and "the contribution and suffering of all those who have served". In commemoration of Anzac Day our Educator <u>Klodya</u> set up an experience of baking ANZAC DAY biscuits in her care settings.

Children were excited with the experience. While preparing biscuits, the educator had meaningful discussions with children the history of ANZAC DAY.



# How to stay safe from COVID-19







#### Playgroup is fun and important too

Playgroups are for babies, toddlers and preschool children and their parents or carers. Fathers, mothers, grandparents, carers, families with additional needs and families from other cultures are all welcome at playgroups.

#### Why Join a Playgroup?

Playgroups provide a supportive environment for children and their family or carer. There is a sense of belonging to the community, opportunities to form friendships and share ideas and information.

#### Playgroups offer children:

- a place to play and socialize with other children
- opportunities to create, invent, reason and problem solve
- safe and stimulating environment to play in and explore

#### Playgroups offer adults:

- a time to play with their children and encourage learning through play
- an opportunity to meet local families and develop social support networks
- access to parenting information, resources and support services
- a sense of community involvement and belonging

If you wish to join an ongoing playgroup, our Playgroup Support Officers can help you find a playgroup in Hume. You can contact playgroups@hume.vic.gov.au or phone 9205 2200

#### Preparing for Winters

Winters can cause colds, viral infections, cough and fever because it generally takes a toll on people's immunity system and this is not just anecdotal. It is now proven by researchers scientifically that it is true. Now when you switch on your ill-maintained heating duct, infested with fungus, moulds, dust and other allergens when the weather is already weakening your health, you just are bringing home more trouble. This could be more troublesome if you have infant's home.

Along with good hygiene practice the following can be adapted to stay healthy during winter:

- Do some moderate exercise every day.
- Get enough sunlight.
- Eat a balanced diet including fresh fruit and vegetables.
- Drink plenty of water to keep yourself hydrated.
- Get adequate sleep and find ways to cope with stress.

### Can you solve??

- 1. I am full of holes, but I can hold water. What am I?
- 2. What gets wet, when drying?

Who can participate??

- Educators
- Children
- Families

Email your answers to: info@dynamickids.com.au



#### DYNAMIC KIDS FAMILY DAY CARE

We are still in process of getting our lines of head-office fixed. Please contact the provided alternate number. Email: family@dynamickidsfdc.com.au

info@dynamickidsfdc.com.au

Phone number: 03 9357 5576 Mobile number: 0426-065-650